# CAVE CREEK REGIONAL PARK MONTHLY PROGRAMS

#### **PARK HOURS:**

Sunday – Thursday: 6 a.m. – 8 p.m. Friday – Saturday: 6 a.m. – 10 p.m. 365 days a year

#### **NATURE CENTER HOURS:**

Monday – Friday: 8 a.m. – 3 p.m.

### ADMIN. OFFICE HOURS:

Monday – Friday: 8 a.m. – 4 p.m.

#### **PARK FEES:**

\$6 vehicle day-use entry fee (no additional fees for programs, unless otherwise noted)

#### **DIRECTIONS:**

From central Phoenix, take I-17 north to Carefree Hwy (SR 74). Exit Carefree Hwy. and travel east to 32nd St. (7 miles). Turn north on 32nd St. to the Cave Creek Regional Park entrance.

#### WHAT TO BRING:

Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics. Fees for guided hikes and programs are included in the park entry fee of \$6 per vehicle or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website.



#### **Maricopa County**

Parks and Recreation Dept. Cave Creek Regional Park 37900 N. Cave Creek Pkwy. Cave Creek, AZ 85331 Ph: 623-465-0431

Fax: 623-465-9284 cavecreekpark@mail.maricopa.gov



**MULE DEER** 

# DECEMBER FEATURED PROGRAMS

Rattlesnakes: Fact and Fiction Date: 12/12/2015 Time: 10 a.m.

Description: When it comes to snakes, especially Rattlesnakes, there are many old cowboy tales, myths, and untruths being bandied about. Join us in the Nature Center for an excellent presentation by Bryan Hughes, a local rattlesnake expert, as he dispels the myths and shares the facts about these often maligned, yet fascinating creatures! Bryan will also have beautiful live specimens for you to enjoy in a safe and controlled environment.

Core: Animals

#### Cave Creek Archaeology, with Karen

**Date:** 12/12/2015 **Time:** 1 p.m. **Description:** This region has been inhabited by humans for 1000's of years. From the Hohokam to the Apache and the ranchers and miners. Join Karen in the Nature Center to learn about some of the archaeology and history of Cave Creek.

Core: Archaeology & History

#### Bird Walk with Joe

**Date:** 12/19/2015 **Time:** 8:30 a.m. **Description:** Take a walk with Joe Ford from the Sonoran Audubon Society and learn how to identify those little brown

birds you've seen and always wondered about. Meet at the Nature Center. Bring your camera, a hat, and plenty of water.

Core: Animals

### Name the Stones, with Joe

**Date:** 12/19/2015 **Time:** 10:30 a.m. **Description:** Gee, that's an interesting looking rock. Ever wonder what it is? Meet Joe, a former Earth Science Teacher, in the Nature Center for this highly educational program!

Core: Geology

# Cave Creek Archaeology, with Karen

Date: 12/19/2015 Time: 1 p.m.
Description: This region has been inhabited by humans for 1000's of years. From the Hohokam to the Apache and the ranchers and miners. Join Karen in the Nature Center to learn about some of the archaeology and history of Cave Creek.

Core: Archaeology & History

#### STAFF:

Park Supervisor: Darci Kinsman Interpretive Ranger: Mark Paulat Office Asst. Kristin Gamblin

Maintenance: Alan Wattle and Steven

Turton

### **CAVE CREEK REGIONAL PARK CALENDAR OF EVENTS**

### **MONTHLY EVENTS**

#### Winter Fitness Hike

**Date:** 12/3/2015 **Time:** 8 a.m. **Description:** All ages and fitness levels welcome to join us for an up-tempo hike along one of our scenic trails. Wear appropriate fitness/hiking attire and sturdy shoes. Bring plenty of water! Come 15 minutes early for a Yoga stretch and warmup with Beth! Meet in the Nature Center. Mileage counts toward the "100 Miles in 100 Days Challenge!"

Core: Health & Fitness

# Ride with the Ranger to the Clay Mine!

**Date:** 12/3/2015 **Time:** 1 p.m. **Description:** Head on over to the stables and mount-up for a ride over to the Clay Mine. Once there, the Ranger will take you inside for a bit of adventure! Reserve your horse with Cave Creek Trail Rides at 623-742-6700!

Core: Archaeology & History

### **Clay Mine Adventure!**

**Date**: 12/4/2015 **Time:** 10 a.m. **Description:** Join us for adventure as we explore the Clay Mine! Once inside the mine we'll discuss the history of this site and how its contents were used to "cure what ailed ya"! Bring water, a flashlight, and your camera. All ages welcome. No pets, please. Park at the Nature Center and follow the directions at the trailhead kiosk to the "Clay Mine". This program is in "open house" format so you may participate at your convenience during the allotted time. The last tour is at: 1:30pm. For more information, contact Ranger Mark at: markpaulat@mail.maricopa.gov Core: Archaeology & History

Feeding Frenzy!

**Date:** 12/5/2015 **Time:** 10 a.m. **Description:** Come see our collection of cool and creepy carnivores consume their prey! Snakes swallow their prey, whole. Scorpions don't. So how do they eat? You

can find out, here, in the Nature Center!

Core: Animals

#### Hike the Go-John Trail

**Date:** 12/6/2015 **Time:** 9 a.m. **Description:** Lace 'em up and meet the Ranger at the Nature Center for this guided hike around the Go-John Trail. This moderate hike is nearly 6 miles (3 hours), so be sure to bring plenty of water and your

Core: Outdoor Skills

**Birding with Rose** 

**Date:** 12/9/2015 **Time:** 8 a.m. **Description:** Join Rose at the Nature Center for some bird watching and coffee. You never know who will fly in for a visit! Bring your camera! We have some binoculars to share. All ages and levels welcome! No pets, please.

Core: Animals

### Winter Fitness Hike

**Date:** 12/10/2015 **Time:** 8 a.m. **Description:** All ages and fitness levels welcome to join us for an up-tempo hike along one of our scenic trails. Wear appropriate fitness/hiking attire and sturdy shoes. Bring plenty of water! Come 15 minutes early for a Yoga stretch and warmup with Beth! Meet in the Nature Center. Mileage counts toward the "100 Miles in 100 Days Challenge!"

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Core: Health & Fitness

## Ride with the Ranger to the Clay Mine

**Date:** 12/10/2015 **Time:** 1 p.m. **Description:** Head on over to the stables and mount-up for a ride over to the Clay Mine. Once there, the Ranger will take you inside for a bit of adventure! Reserve your horse with Cave Creek Trail Rides at 623-742-6700!

Core: Archaeology & History

Cave Creek to Spur Cross Hike! **Date:** 12/11/2015 Time: 9 a.m. **Description:** Cinch up your boot straps! This 11 mile hike (one-way) is going to be fun! Participants can hike with the Rangers, departing from either Cave Creek (Ranger Mark) or Spur Cross (Ranger Kevin) at 9am, sharp! Each Ranger will lead from their respective parks and meet in the middle along the Maricopa Trail where you will switch Rangers. You will be responsible for your own travel arrangements to and from the parks. If you like, you can simply go halfway and return with the Ranger. Plan on about 5 hours, or so, to complete the hike. Be sure to dress appropriately and bring plenty of water and a snack. No pets, please. For more information, contact Ranger Mark at CCRP or Ranger Kevin at SCRCA. You may start from either park. If you wish to start at Cave Creek, meet Ranger Mark at the Cave Creek Nature Center. If you wish to start at Spur Cross, meet Ranger Kevin at the Spur Cross

Core: Outdoor Skills

trailhead.

# Ride with the Ranger to the Clay Mine

**Date:** 12/17/2015 **Time:** 1 p.m. **Description:** Head on over to the stables and mount-up for a ride over to the Clay

Mine. Once there, the Ranger will take you inside for a bit of adventure! Reserve your horse with Cave Creek Trail Rides at 623-

742-6700! **Core:** Archaeology & History

**Hike to Cave Creek** 

Date: 12/18/2015 Time: 9 a.m.

Description: Meet at the Nature Center for a guided hike with the Ranger out to Cave Creek. Easy – moderate 5 mile hike (3 hours). Bring your camera and plenty of

Core: Outdoor Skills

Meet the Michelin Man

**Date:** 12/20/2015 **Time:** 10 a.m. **Description:** He's big! He's old. He's green! He's bold. He's the Michelin Man! Join the Ranger for a short hike (1.7 miles) and he will introduce to the Big Guy! Meet at the Nature Center. Bring your camera and plenty of water.

Core: Plants

New Year's Eve Fitness Hike

**Date:** 12/31/2015 **Time:** 8 a.m. **Description:** Join us for the last hike of 2015 with a "fitness" paced hike on one of the park's scenic hiking trails! Wear sturdy shoes and bring plenty of water. Meet at the Nature Center.

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Core: Health & Fitness

# Cave Creek Archaeology, with Karen

**Date:** 12/12/2015 **Time:** 1 p.m. **Description:** This region has been inhabited by humans for 1000's of years. From the Hohokam to the Apache and the ranchers and miners. Join Karen in the Nature Center to learn about some of the archaeology and history of Cave Creek.

Core: Archaeology & History

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## Cave Creek Archaeology, with Karen

**Date:** 12/19/2015 **Time:** 1 p.m. **Description:** This region has been inhabited by humans for 1000's of years. From the Hohokam to the Apache and the ranchers and miners. Join Karen in the Nature Center to learn about some of the archaeology and history of Cave Creek.

Core: Archaeology & History MESSAGE FROM THE PARK SUPERVISOR:

Thank you for your continued support and interest in Cave Creek Regional Park. We realize that you have a choice when it comes to selecting recreation venues and appreciate your business!

Darci Kinsman